

## ABSTRACT

A method for forming round strip food comprises at least moving horizontally a soft and deformable outer material to a predetermined distance and stopping the movement of the outer material; placing a 5 stuffing upon an upper surface of the outer material; lifting and turning two lateral piece-bodies of the outer material at two sides of the moving path of the outer material to cover upon an upper surface of the stuffing; lifting and turning the outer material along the moving path to cover upon the lateral piece-bodies; and rolling the stuffing 10 with the outer material enclosing thereon so that the outer material wound around the stuffing so as to form a round strip food. A round strip food shaping apparatus is enclosed. The apparatus can perform above mentioned method.